

# ROSSIGNOL

## 2016 SPRING SKI CAMP

At Mammoth Mountain, California

April 30-May 7, 2016



*Welcome to the 2016 Annual Rossignol Spring Ski Camp  
an experience designed for all levels of ability,  
from the recreational racer to the seasoned expert.*

Rossignol brings to this camp a staff of world class coaches from around the country, well versed in all modern ski and race techniques, training programs and theory.

You will receive intensive individual attention in slalom and giant slalom courses, free skiing and extensive daily video tape analysis. With morning, afternoon and evening activities, you will receive an experience that will improve your level of competitive as well as recreational skiing.

Don't miss your chance to train with some of the best racers and coaches in the world—join us at Mammoth Mountain this year!

**SKI TRAINING:** Camp session consists of 7 days of on-snow training. Your day starts with warm-up exercises and free skiing, and then it's on to slalom or giant slalom training courses and exercises. A race with timing and awards will be held at the end of the session.

**VIDEO ANALYSIS:** Visual feedback plays a key role in improving each camp participant's skiing ability. Every camper will be filmed and analyzed daily during their stay at the camp.

**AFTERNOON ACTIVITIES:** In addition to intensive work in ski related areas, many afternoon activities are scheduled, weather permitting. Opportunities include weight training, aerobics, tennis, volleyball, hiking, biking, golf & soccer. For a small fee, you will have access to the beautiful Snow Creek Athletic Club. Mountain bike rentals and paddleboard are available.

**EVENING ACTIVITIES:** A wide variety of evening activities are planned, including ski films, videos with technical analysis and a series of lectures on ski technique, equipment preparation, racing psychology and physical training.

**SKI PREPARATION/MAINTENANCE.** Rossignol technicians will be on hand to provide assistance with your equipment. Some demo skis will be available daily.

### COACHES

**HEAD COACH GREG TIMM:** US Level 3 Coach. Canadian Level 3 Coach. 30 years coaching experience with high school, collegiate, junior development academy, international school and masters programs. BA & Ed.M in Human Performance/Sport Science. Junior & Masters Coach @ Mt. Bachelor, OR.

**DAVID MANNETTER:** Three-time PSIA Demo Team Member. Supervisor Mammoth Mountain Ski School. US Level 3 Coach.

**SEAN WARMAN:** USSA Regional coach, National Demo Team 00-04; Head Coach Hunter Mountain; Heavenly Foundation 00-02 Head Coach; Head Coach Crested Butte 03-05; Training Manager Heavenly Ski School.

**VANCE LEMLEY:** Coaching 30 years. Coached @ Mt. Hood Summer camps for 20 years. Former Head Coach at Schweitzer Mt., ID for 12 years; Head Coach Kirkwood CA 3 years; PSIA Examiner 22 years. Current Trainer/Instructor at Aspen Ski School since 1992.



**REGISTRATION DEADLINE: APRIL 1, 2016**

Send Registration & Payment to: D.H. Smith & Assoc., Inc., P.O. Box 21, June Lake, CA 93529

## PRICING (See Attached Registration form for Pricing)

**FULL BOARD:** Includes all meals, lodging, coaching, afternoon activities, evening clinics, video and lift tickets.

**NO BOARD:** Includes coaching, lunch, afternoon activities, evening clinics, video and lift tickets.

Prices are discounted for pricing without lift tickets, for seniors (65+) and juniors (12 & under). Surcharges added for cost of a private room.

**NOTE:** Entire payment is due with application. Make checks payable to "D. Smith & Assoc., Inc." No refund for early departures or late arrivals unless due to injury. Registration deadline: April 1, 2016. If you need accommodations for less than the full seven days, please contact Doug Smith at (760) 648-7512 as special restrictions apply.

## LODGING & MEALS

Lodging will be at the Mammoth Mountain Inn, which is within walking distance of the lifts. Breakfast will be served daily (location TBA). Lunch will be served at the Mountain Base Lodge. Dinner will be served each evening at the Mammoth Mountain Inn's Sierra Room except for Wednesday evening (open night-no dinner).

## TRANSPORTATION

**By Plane.** Major air carriers fly into Reno. Service into Mammoth is extremely limited and schedules change seasonally. Please check with your travel agent for current flight information.

### By Car.

**From the SOUTH:** Mammoth is reached by driving North on Hwy 395 to the Mammoth Lakes Junction (Hwy 203).

**From the NORTH:** Take Hwy 395 South from Reno to Mammoth Lakes Junction (Hwy 203).

**From the BAY AREA:** Go over I-80 or Hwy 50 (when open) or Hwy 88 (when open) to Hwy 395, take Hwy 395 South to the Mammoth Lakes Junction (Hwy 203).

**NOTE:** If you are arriving by bus or plane and need to be picked up, please make arrangements in advance with Doug Smith at (760) 648-7512 or [doug.smith@rossignol.com](mailto:doug.smith@rossignol.com). Transportation cost from Reno to Mammoth will be \$200 round trip.

### Suggested List of What to Bring:

Skis	Lip balm
Boots	Sunscreen
Poles	Bathing suit
Hat	Long underwear
Ski parka	Warm-up suit
Light parka	Good running shoes
Goggles	Tennis shoes
Gloves	Tennis racquet
Sunglasses	Travelers' checks
Windshirt	Insurance information
Golf clubs	Bike riding gear

### Tentative Daily Schedule

6:00	Wake up
7:00	Breakfast, Mammoth Mt.
8:30	Lift
8:15-10:15	On Snow Training
10:15-10:30	Video
10:30-12:00	On Snow Training
12:00-1:00	Lunch
1:00-2:00	Free Time
2:00-3:30	Equipment Preparation
3:30-5:30	Afternoon Activities
5:30-6:00	Free Time
6:30-8:00	Dinner
8:00-9:00	Video, Lectures, etc.
10:00	Bedtime

### CAMP CHECK-IN

The afternoon of April 30 will be for arrival, orientation of the group, obtaining ski passes and checking into the Mammoth Mountain Inn. If you are not staying at the Inn, you will still need to check in with us on April 30 between 5 & 6 PM at the Inn.

**Register Early—Space Limited**  
**Registration Deadline: April 1, 2016.**

# ROSSIGNOL 2016 SPRING SKI CAMP REGISTRATION FORM

(Registration Deadline: April 1, 2016)

**CHECK ONE SELECTION BELOW:**

	with lift tickets	without lift tickets
<b>All Inclusive:</b> lodging, all meals	\$2,182.00 _____	\$1,939.00 _____
<b>No Room &amp; Board:</b> No breakfast, no dinner, no lodging	\$1,372.00 _____	\$1,035.00 _____
<b>Sr. or Jr.A: All Inclusive:</b> lodging, all meals <small>(Seniors age 65 and Juniors 12 &amp; under)</small>	\$2,136.00 _____	\$1,939.00 _____
<b>Private Room Request: \$582.00 - \$704.00 (full 7 days); cost based on room type</b>		
<b>All Inclusive Private Room: \$2,735.00</b>	<b>Sr. or Jr. All Inclusive Private Room: \$2,690.00</b>	

**Special/Roommate Requests:** \_\_\_\_\_

**PLEASE COMPLETE THE FOLLOWING:**

SMOKING: \_\_\_\_\_

NON-SMOKING: \_\_\_\_\_

MALE: \_\_\_\_\_

FEMALE: \_\_\_\_\_

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **DAY PHONE:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **EVENING PHONE:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**DR. LIC.#:** \_\_\_\_\_ **SKIING ABILITY:** \_\_\_\_\_

**CURRENT MEDICATION/WHAT KIND?** \_\_\_\_\_

**DRUG ALLERGIES/IF YES, WHAT?** \_\_\_\_\_

**OTHER ALLERGIES/IF YES, WHAT?** \_\_\_\_\_

**T-SHIRT SIZE SELECTION**                      S\_\_ M\_\_ L\_\_ XL\_\_

**Medical Release**

I give the directors of the Rossignol Spring Ski Camp permission to obtain medical aid for my son/daughter in case of injury or illness. It is understood that every effort will be made to contact me if medical attention becomes necessary.

**PARENT/GUARDIAN (sig.)** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**MEDICAL INSURANCE COMPANY:** \_\_\_\_\_ **POLICY #:** \_\_\_\_\_

**PHYSICIAN:** \_\_\_\_\_ **EMERGENCY CONTACT NAME:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**Liability Release**

For myself and my minor son/daughter, our heirs and administrators, I hereby release the Rossignol Spring Ski Camp, Rossignol Ski Company, Inc., Mammoth Mountain Ski Area, D. Smith & Associates, Inc., all coaches, their owners, members, agents or employees, and any person officially connected with the Camp from any claims or action for any injuries or dangers arising from my son/daughter's or from my own participation in any activities at the camp.

**PARTICIPANT'S SIGNATURE:** \_\_\_\_\_

**IF MINOR, PARENT/GUARDIAN SIG:** \_\_\_\_\_

**PARENT/GUARDIAN NAME & ADDRESS:** \_\_\_\_\_

**Mail Form and Payment to:**

D.H.Smith & Associates, Inc.  
P.O. Box 21  
June Lake, CA 93529

**Questions/Information? Contact:**

Greg Timm, Head Coach  
Tel: 541-390-6635  
Email: gtimm@gtisports.com